



**Fulham**  
Good Neighbours

March

# NEWSLETTER



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Fulham Good Neighbours, Rosaline Hall, 70 Rosaline Road, SW6 7QT  
020 7385 8850; info@fulhamgoodneighbours.org

President: The Mayor of Hammersmith and Fulham

March 1<sup>st</sup> 2022

## Welcome to our March newsletter

Huge congratulations to Ruth George (Lifetime Achievement), Simon Maskell (Health & Wellbeing) and Monique Newton (Health & Wellbeing and Community Organiser) for deserved recognition in this year's Hammersmith and Fulham Civic Honours shortlist. Each is down to the last two or three finalists for their category, and will be attending the event on Thursday 3<sup>rd</sup> March at Bush Hall.

It was a huge achievement for each to be one of the 105 nominations received by LBHF. The fact, that they are now down to the last 22 is tremendous!

Mon Online Exercise at 3 pm;  
Gardening

Tues Art at 11 am; Gardening,  
Silver Club (monthly at Kennedys & The Rylston)

Wed Online Art at 3 pm;  
Decorating & DIY;  
Gardening

Thurs Reading at 11 am; Online Exercise at 2 pm & 3 pm;  
Decorating & DIY; Food to the Door

Fri Craft Club at 11 am; Decorating & DIY

Sun Sunday Afternoon Tea



Thanks to Felicity Guille for the art work

please await invite due to C19 situation, but please do enquire if you have not attended a club before.

## Climate change

Many of you generously supported FGN raise £21,740 so that Rosaline Hall can run off solar energy into the future. If you are interested in solar panels for your own home, LBHF are

delivering an online webinar on Tuesday 8<sup>th</sup> March at 11 am. You can sign up/read more by clicking [here](#)



## Room to Reward

Congratulations are also due to volunteers Avril Peyton and Jill Weston for receiving Room to Reward awards. R to R are a unique... (continued p2)



## LET'S ALL KEEP SAFE

We ask all visitors to Rosaline Hall to continue to wear a face mask, to sanitise hands regularly and to socially distance.



volunteer-recognition charity that reward volunteers with hotel rooms!

## Ride London 2022

We have now filled our ten places for riders/fundraisers for Ride London on Sunday 29<sup>th</sup> May. It is a 100-mile cycle ride from Victoria Embankment to Tower Bridge. The team includes FGN staff as well as staff from our partners The Rylston (photo below) and Assael Architecture



New Silver Clubs were launched at The Rylston and Kennedy's in February. Many thanks to Jonathon and Elton respectively and their hospitable teams, providing members a three-course meal with coffee/tea for £10. Thanks to Ruth George and Chris Morotti at our end too.

Ruth's 30 years – Ruth completed 30 years service for FGN on 17<sup>th</sup> February. She was presented with a bouquet of flowers and chocolates at our Lunch Club,

followed by the first showing of a surprise video. You can watch the video message by clicking [here](#), inclusive of a special thanks from Mayor PJ Murphy (photo below). This was followed by a trip to the Rylston to raise a glass with a small group of volunteers, colleagues, trustees and family.



## The Climate Hub

Local resident, Sally Knyvette launched the Fulham Climate Hub in February. You can read more [here](#). It is an excellent opportunity to learn about local solutions to the climate emergency, and to have your voice heard.

## Volunteer Corner –

Please see our Volunteer Handbook [here](#) and our Safeguarding policy [here](#). Please check the website for our latest guidance or contact us with any queries. If you are concerned for a beneficiary, please call

Covid – Fortunately, case numbers are falling in the Borough and national measures have been dropped. However, we continue to ask all visitors to Rosaline Hall, recipients of a home visit or home visitors to take a lateral flow test (LFT) in advance and only proceed if negative. We can provide LFT's as needed. We aim to remove this guidance at the first opportunity.

## Adopt a Garden

is providing



an online introduction to Permaculture on Thursday evenings (fortnightly) 7pm-8.30pm from 24<sup>th</sup> March, delivered by our partners *Nubian Life*. The five workshops will introduce you to core ethics, principles and design tools with focus on horticulture and community collaboration. You can sign up to attend by clicking [here](#).

07907 990 841 or 020 7385 8850. If you are concerned, out of hours, please contact LBHF Adult Social Care on 020 8753 4198 – Option 3. They can arrange a welfare check if required. In an emergency, please call 999.

**Please see overleaf for invite to our next induction! SATURDAY 5 MARCH**



# Scams & Fraud

Barclays Bank  
FRIDAY 4<sup>TH</sup> MARCH

2:00PM  
ON ZOOM

Please email to book your place:  
[info@kensingtonandchelseaforum.org.uk](mailto:info@kensingtonandchelseaforum.org.uk)  
or call us on  
020 3 719 4954

Are you unable to get to your local library because of illness, disability, frailty or caring responsibilities?

**We can come to you!**

We can deliver to your door:

- Books (Normal and Large Print)
- Audiobooks
- DVDs

Best of all - it's completely free!

If you live in Hammersmith and Fulham, and would like a visit, please get in touch, either by phone or email:

**0208 753 3872**

[homelibraryservice@lbhf.gov.uk](mailto:homelibraryservice@lbhf.gov.uk)



## Please join our **Volunteer Induction Training**

The session will be on Zoom (with potential for limited seats at Rosaline Hall) and is open to all FGN volunteers who have not yet completed the training or those would like a refresher.

We will cover all aspects of volunteering with us, Safeguarding, discuss various roles and answer any questions.

It is also a wonderful opportunity to meet other volunteers!



**Saturday, 5 March  
11AM -12.30PM**



**Book your place now at:**  
<https://www.eventbrite.com/preview?eid=252175532807/>

or by emailing us at  
[info@fulhamgoodneighbours.org](mailto:info@fulhamgoodneighbours.org)

# Supporters Scheme Form by Standing Order

Please return this completed form to:  
Fulham Good Neighbours  
Rosaline Hall, 70 Rosaline Road, London,  
SW6 7QT



Registered Charity Number 1113752

## Your details

Title	First Name	Surname
Address		
		Postcode
Telephone number	Email	

## Your gift

## Standing Order mandate

To the Manager

Name of your bank *Bank / Building Society*

Address of your bank

Postcode

Account No Sort Code

Account name

I would like to set up a standing order for  £5  Other  £

To be paid  Monthly  starting with the first payment on / /

and thereafter until further notice. Please quote reference: SUPPORTERS SCHEME

Please pay the above amount to: CAF Bank, 25 Kings Hill Avenue, Kings Hill,  
West Malling, ME19 4JQ  
Account No: 00014669 Sort Code: 40-52-40

Signature Date

## Gift Aid Declaration

Gift Aid is tax relief on money donated to UK charities by people who are UK taxpayers

Please increase the value of your donation by 25% by completing this Gift Aid Declaration.

I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year, at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify and the charity will reclaim 25p of tax on every £1 that I have given.

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**Thank you** Fulham Good Neighbours does not share your details with any third parties