

Fulham Good Neighbours, Rosaline Hall, 70 Rosaline Road, SW6 7QT 020 7385 8850; info@fulhamgoodneighbours.org

President: The Mayor of Hammersmith and Fulham

Welcome to our March newsletter

congratulations Huge to Ruth George (Lifetime Achievement), Simon Maskell (Health & Wellbeing) and Monique Newton (Health & Wellbeing and Community Organiser) for deserved recognition in this vear's Hammersmith and Fulham Civic Honours shortlist. Each is down to

shortlist. Each is down to the last two or three finalists for their category, and will be attending the event on Thursday 3rd March at Bush Hall.

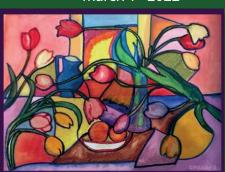
It was a huge achievement for each to be one of the 105 nominations received by LBHF. The fact, that they are now down to the last 22 is tremendous!



<u>Online Exercise</u> at 3 pm; Mon <u>Gardening</u>

Art at 11 am; Gardening, Tues Silver Club (monthly at Kennedys & The Rylston)

Online Art at 3 pm; Wed <u>Decorating & DIY;</u> Gardening



Thanks to Felicity Guille for the art work

- Thurs <u>Reading</u> at 11 am; Online Exercise at 2 pm & 3 pm; Decorating & DIY; <u>Food to the Door</u>
- Fri <u>Craft Club</u> at 11 am; Decorating & DIY
- Sun <u>Sunday Afternoon Tea</u>

please await invite due to C19 situation, but please do enquire if you have not attended a club before.

Climate change

Many of you generously FGN supported raise £21.740 so that Rosaline Hall can run off solar energy into the future. If interested vou are in solar panels for vour own home, LBHF are delivering an

online

more

here

clicking

webinar

Tuesdav

March at

am. You can

sign up/read

on

8th

11

bv



Room to Reward

Congratulations are also due to volunteers Avril Peyton and Jill Weston for receiving <u>Room to</u>

<u>Reward</u> awards. R to R are a unique... (continued p2)



March 1st 2022

volunteer-recognition charity that reward volunteers with hotel rooms!

<u>Ride London 2022</u> We have now filled our places for ten riders/fundraisers for Ride London on Sunday 29th May. It is a 100-mile cycle ride from Victoria Embankment to Tower Bridge. The team includes FGN staff as well as staff from our The Rylston partners below) (photo and Assael Architecture



New Silver Clubs were launched at The Rylston Kennedy's in and February. Many thanks to Jonathon Elton and respectively and their hospitable teams. providing members а three-course with meal coffee/tea for £10. Thanks to Ruth George and Chris Morotti at our end too.

<u>**Ruth's 30 years**</u> – Ruth completed 30 years service for FGN on 17th February. She was presented with a bouquet of flowers and chocolates at our Lunch Club,

followed bv the first showing of a surprise video. You can watch the message video by clicking here, inclusive of a special thanks from Mayor PJ Murphy (photo below). This was followed by a trip to the Ryston to raise a glass with a small group volunteers. of colleagues, trustees and family.



<u>The Climate Hub</u>

Local resident, Sally Knyvette launched the Fulham Climate Hub in February. You can read more <u>here</u>. It is an excellent opportunity to learn about local solutions to the climate emergency, and to have your voice heard.

<u>Volunteer Corner</u>

Please see our Volunteer Handbook here and our Safeguarding policy here. Please check the website for guidance our latest or contact us with any queries. If you are concerned for a beneficiary, please call

Covid - Fortunately, case numbers are falling in the Borough national and measures have been However, dropped. we continue to ask all visitors to Rosaline Hall, recipients of a home visit or home visitors to take a lateral flow test (LFT) in advance only proceed if and negative. We can provide LFT's as needed. We aim to remove this guidance at the first opportunity.

<u>Adopt a</u> <u>Garden</u> is providing



an online introduction to Permaculture on Thursday evenings (fortnightly) 7pm-8.30pm from 24th March, delivered by our partners Nubian Life. workshops will The five introduce you to core ethics, principles and design tools with focus on horticulture and community collaboration. You can sign up to attend by clicking here.

07907 990 841 or 020 7385 8850. If you are concerned, out of hours, please contact LBHF Adult Social Care on 020 8753 4198 – Option 3. They can arrange a welfare check if required. In an emergency, please call 999.

Please see overleaf for invite to our next induction! SATURDAY 5 MARCH



Are you unable to get to your local library because of illness, disability, frailty or caring responsibilities?

We can come to you!

We can deliver to your door:

Books (Normal and Large Print)
Audiobooks
DVDs

Best of all - it's completely free!

If you live in Hammersmith and Fulham, and would like a visit, please get in touch, either by phone or email:

0208 753 3872 homelibraryservice@lbhf.gov.uk

Scams & Fraud

Barclays Bank Friday 4TH March

> 2:00PM ON ZOOM

Please email to book your place: info@kensingtonandchelseaforum.org.uk

or call us on

020 3 719 4954



Please join our Volunteer Induction Training

Saturday, 5 March

11AM -12.30PM

The session will be on Zoom (with potential for limited seats at Rosaline Hall) and is open to all FGN volunteers who have not yet completed the training or those would like a refresher.

We will cover all aspects of volunteering with us, Safeguarding, discuss various roles and answer any questions.

It is also a wonderful opportunity to meet other volunteers!



Book your place now at: https://www.eventbrite.com/pre view?eid=252175532807/

or by emailing us at info@fulhamgoodneighbours.org



Supporters Scheme Form by Standing Order

Please return this completed form to: Fulham Good Neighbours Rosaline Hall, 70 Rosaline Road, London, SW6 7QT



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